



GOVERNMENT DEGREE COLLEGE:KALYANDURG  
(Re-Accredited by NAAC with 'B' Grade)  
DEPARTMENT OF PHYSICAL EDUCATION & SPORTS



# DEPARTMENTAL PROFILE





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Introduction:

*“Fitness has always been an integral part of our culture. But there is indifference towards fitness issues now. A few decades back, a normal person would walk 8-10km in a day, do cycling or run,” – Sri Narendra Modi, at Fit India Movement on 29 Aug, 2019.*

*“Apart from Education, you need good health, and for that, you need to play sports”By Kapil Dev.*

Games and sports are playing vital role in educational System. As we know the aim of education is all-round development physical, mental and moral of a student. Only a sound body can have a sound mind.

Our College is located in the city of kalyandurg, Andhra Pradesh State. Most of the students come from agricultural and village background and economically weaker sections. These students have certain natural advantages, such as strength, stamina, endurance etc. But they lack the required skills in sports and games. Thus our aim is to provide them required training to improve their skills within our limited resources. The department has started its regular sports activities of conducting Inter-Collegiate and various association Tournaments form 1984. The Department of Physical Education is well equipped with modern infrastructure facilities, including facilities for all games and sports.

Our students are participate in the S.K.University Inter-Collegiate level Competitions like Ball Badminton, Badminton, Kabaddi, Kho-Kho, Foot Ball, Hockey, Cricket, Basket Ball, Volley ball, Hand Ball, Wrestling, and Athletics. Our Department conduct Sports Advisory Committee meeting and welcome the suggestions of Principal and Staff members.

Vision:

- *To provide adequate physical education facilities to students and moulding them to physically fit, mentally strong and social well being in order to enshrine sound mind in a sound body.*
- *To inculcate Discipline and Sportsmen Spirit this helps them to have balanced social life.*

### Mission:

- *To provide social and ethical awareness through Sports and Physical Activities.*
- *The Department believes that a student is made as much on the play ground as he is in the class-room to makes the students as ease.*
- *To expose students to competitive sports through competitions at different levels.*
- *To provide equal opportunities to all students participation in sports.*
- *To encourage, train and support talented sports persons in large numbers by giving coaching and training under constant supervision.*
- *To expose students to sports activities and strengthening them physically and there by mentally in order to achieve the avowed objective of all round development.*

### Strength of the Department

- *Rural students with natural strength and Endurance.*
- *Hardworking of students towards sports and games.*
- *Support by the Principal and Staff members.*

### Weakness of the Department:

- *Lack of modern equipment and inadequate infrastructure.*
- *Inadequate budget allocations.*

### Action - Plan:

- *Coaching on a regular and continuous basis.*
- *More intensive training during the days leading up to important events.*
- *Providing uniform to Inter-Collegiate Participants.*
- *Facilitate modern equipment for advanced players, and provide First Aid to all the players.*
- *Awareness programme about Sports injuries and healthy life style.*
- *Celebrations of National Sports Day, International Yoga Day etc.*

### Department Established:

*The Department of Physical Education established in the year 1984.*

Staff Members: 01

1.Sri A.JAYARAMAPPA, Lecturer in Physical Education working in the college since August, 2023.



Name : A. JAYRAMAPPA

Date of Birth :20.01.1966

Sex : Male

Qualification :

| Qualification | Name of the University | Subject            | Month & Year of Acquiring Qualification | Percentage |
|---------------|------------------------|--------------------|---|------------|
| M.P.Ed        | S.K.University         | Physical Education | March 1995                              | 57.3%      |
| SLET          | A.P.P.S.C. Hyderabad   | Physical Education | Feb-1998                                | Pass       |

Date of Entry into Service :25.10.2004

Email.Id : jayaramappad@gmail.com

Specialization : Ball Badminton, Badminton, Basket ball, Athletics

Awards and Recognition (Faculty):

- Member of S.K.University Ball Badminton selection Committee 2008 to 2023
- Member of S.K.University Basket Ball Selection Committee 2018-2023
- Member of S.K.University Badminton Selection Committee 2019-2022
- Actively participated in S.K. University Inter-Collegiate Ball Badminton, Basket Ball, Badminton, Athletics Tournaments held in different places of Anantapuramu District.

**PARTICIPATION AS A REFREE /TEAM MANAGER:**

| YEAR      | EVENT          | LEVEL      | PLACE                                |
|-----------|----------------|------------|--------------------------------------|
| 2008-2009 | Hockey         | South Zone | Madurai Kama raj University, Madurai |
| 2011-2012 | Volley Ball    | South Zone | M.G. University, Kottayam            |
| 2011-2012 | Badminton      | South Zone | Mangalore University                 |
| 2012-2013 | Ball Badminton | All India  | NIT , Warangal                       |
| 2019-2020 | Athletics      | All India  | Mangalore University.                |

**Publications:**

| <i>S.No.</i> | <i>Month &amp; Year of Publication</i> | <i>Title of the Paper</i>  | <i>Name of the Journal</i>                                       | <i>ISBN/ISSN NO.</i> |
|--------------|--|--|--|----------------------|
| 01           | July 2019 to Dec 2019                  | “Sports organization and promotion: sports polices examples and a plan for sports” | Asian Journal of Physical Education & Computer Science in Sports | ISSN 0975-7732       |

**PARTICIPATION IN TRAINING /ORIENTATION /REFRESHER COURSE:**

| <i>S.No</i> | <i>Date &amp; Year</i>   | <i>Name of the Training</i> | <i>Organizer</i>                  |
|-------------|--------------------------|-----------------------------|-----------------------------------|
| 01          | 21.02.2008 to 14.03.2008 | Refresher Course            | Osmania University, Hyderabad     |
| 02          | 18.01.2012 to 14.02.2012 | Orientation Course          | University of Hyderabad           |
| 03          | 05.03.2014 to 26.03.2014 | Orientation Course          | Osmania University, Hyderabad     |
| 04          | 27.10.2020 to 02.11.2020 | Short Term Course           | Andhra University, Visakhapatnam. |
| 05          | 09.02.2022 to 16.02.2022 | Short Term Course           | Annamalai University, Chidambaram |

**PARTICIPATION IN WORKSHOP/SEMINAR/CONFERENCE:**

| <i>s.no.</i> | <i>Date</i>       | <i>Conference/seminar /Workshop With details</i>                       | <i>Place</i>                 | <i>International/ National/State/ University/College</i> | <i>Delegate/ Paper presented</i> |
|--------------|-------------------|--|------------------------------|--|----------------------------------|
| 1            | 24 & 25 Sep 2010  | “Relevance of languages at U.G. Level”                                 | P.S.D.C. Penukonda           | National   | Paper Presenter                  |
| 02           | 11 & 12, Feb 2014 | “Yoga and Medicine”  | Acharya Nagarjuna University | National   | Paper Presenter                  |
| 03           | 30 & 31 Jan 2014  | “Reforms in Examinations at UG Level in AP”                            | Dhone                        | National   | Paper Presenter                  |
| 04           | 18 & 19 Feb 2015  | “Physical Education Healthy Sports in College”                         | K.V.R.G.D.C.(W), Kurnool     | National   | Paper Presenter                  |
| 05           | 25 & 26 Feb 2014  | “Telugu Bhasha Crovitha-Vishale-Dusthili in the International Seminar” | Osmania College, Kurnool     | International  | Paper Presenter                  |

|           |                               |  |   |                 |                            |
|-----------|-------------------------------|--|---|-----------------|----------------------------|
| <i>06</i> | <i>7 &amp; 8 Nov<br/>2015</i> | <i>“Effect of Yoga Practice<br/>VS Physical Exercise On<br/>Bio-Chemical Variables<br/>among College men<br/>students”</i> | <i>Physical Education<br/>Department ,<br/>S.K.University,<br/>Anantapuramu</i> | <i>National</i> | <i>Paper<br/>Presenter</i> |
|-----------|-------------------------------|--|---|-----------------|----------------------------|

GAMES AND SPORTS FACILITIES AVAILABLE IN THE COLLEGE CAMPUS:

| S.NO. | NAME OF THE PLAY FIELD | NATURE OF THE PLAY FIELD | NO. OF PLAY FIELDS |
|-------|------------------------|--------------------------|--------------------|
| 1.    | BADMINTON COURT        | CONCRETE                 | 01                 |
| 2.    | BALL BADMINTON COURT   | CLAY                     | 01                 |
| 3.    | BASKET BALL COURT      |                          | 01                 |
| 4.    | CRICKET PLAY FIELD     | CLAY                     | 01                 |
| 5.    | FOOT BALL FIELD        | CLAY                     | 01                 |
| 6.    | HAND BALL COURT        | CLAY                     | 01                 |
| 7.    | HOCKEY PLAY FIELD      | CLAY                     | 01                 |
| 8.    | KABADDI COURT          | CLAY                     | 02                 |
| 9.    | KHO-KHO COURT          | CLAY                     | 01                 |
| 10.   | 200 METERS TRACK       | CLAY                     | 01                 |
| 11.   | VOLLEY BALL COURT      | CLAY                     | 01                 |
| 12.   | BENCH PRESS            | --                       | 01                 |
| 13.   | BYSCYCLE               | ---                      | 03                 |
| 14.   | CARRAM BOARDS          | WOODEN                   | 01                 |
| 15.   | DISCUS THROW (M&W)     | WODDEN                   | 01+01              |
| 16.   | EELIPTICALS            | --                       | 01                 |
| 17.   | GYMNASIUM              | --                       | 16 STATIONS        |
| 18.   | JAVELIN THROW (M&W)    | wooden                   | 02+02              |
| 19.   | SHOT PUT (M&W)         | --                       | 3+1                |
| 20.   | TWISTER                | ---                      | 01                 |

TREADMILL

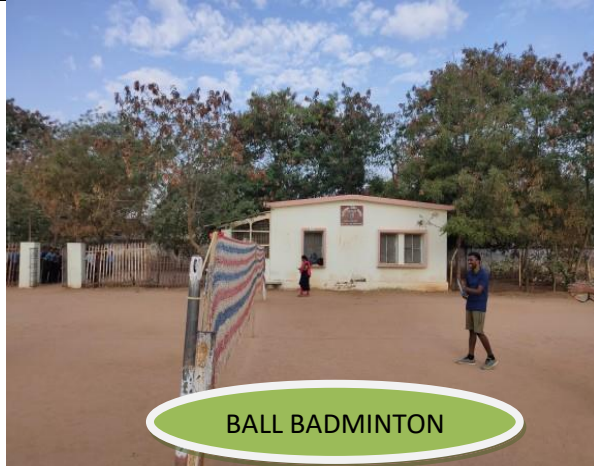
VIBRATION MASSAGER

|  |
|--|
|  |
|--|

# PLAY FIELDS WE HAVE



BASKET BALL



BALL BADMINTON



VOLLEY BALL



KHO-KHO



HOCKEY



KABADDI



C  
H  
E  
S  
S



CRICKET



INDOOR

- *CHESS*
- *CARROM*
- *TABLE TENNIS*